

**Cameron Veterans
Middle School
2016-2017
Student Agenda
Home of the Dragons**

This agenda belongs to:

Name_____

Address_____

City/State/Zip_____

Phone_____

CVMS Mission Statement

Learning for Life...Every Student, Every Teacher, Every Day

CAMERON MIDDLE SCHOOL MISSION:

Learning for Life...Every Student, Every Teacher, Every Day

BUILDING INFORMATION:

Location: Cameron Veterans Middle School
1015 South Park Avenue
Cameron, MO 64429
Phone #'s: During working hours
(816) 882.1041
(816) 882.1042 fax

Principal: Tiffani Collins
tcollins@cameronschools.org

Assistant Principal: Hadley Fisher
hfisher@cameronschools.org

School District Website: www.cameron.k12.mo.us

This website is a great way to check your child's grades through the PowerSchool parent portal. For login information please call the main office at 816.882.1041. The website is also a great way to keep up with district events and to see the great things happening in the school district.

NOTICE OF NONDISCRIMINATION:

The Cameron R-1 Public Schools Board of Education is committed to maintaining a workplace and educational environment that is free from discrimination and harassment in admission or access to, or treatment or employment in, its programs, services, activities and facilities. In accordance to law, the district strictly prohibits discrimination and harassment against employees, students or others on the basis of race, color, religion, sex, national origin, ancestry, disability, age, genetic information or any other characteristic protected by law. The district provides equal access to the Boy Scouts and other designated youth groups. The following person has been designated to handle inquiries regarding the non-discrimination policies:

Dr. Matt Robinson, Superintendent
423 Chestnut, Cameron Mo. 64429
816.882.1031

For further information on notice of non-discrimination, visit <http://wdeobcolp01.edu.gov/CFAPPS/OCR/contactus.cfm> for the address and phone number of the office that serves your area, or call 1-800-421-3481.

School Hours:

CVMS doors are unlocked at 7:00am. Upon arrival each morning, students are to report to the Commons area where breakfast will be served at approximately 7:15. A bell will ring at 7:35 to signal students are released to their wings to be seated, or take advantage of before school tutoring with their teacher(s). **Classes begin at 8:00 and end for the day at 3:00;** at which time walkers, car riders and bus riders are dismissed. School rules/policies are in effect en route to and from school.

After School Pick-Up: Please be aware of the traffic that is associated with after school pick-up at CVMS. If you are sitting towards the front of the pick-up lane and you do not see your child, please loop back around in an effort to not hold up traffic. Students will remain on the sidewalk until picked up. Please remember that there is **NO PARKING** in the pick-up lane at any time. Our goal is to make this time as safe as possible for everyone involved. Your patience is greatly appreciated.

Office Hours:

7:00 AM-3:30 PM (or by appointment)

Disclaimer: The rules and regulations you are about to read are in addition to our broad, discretionary authority to maintain safety, order and discipline inside of the school zone. These rules support, but do not limit, our authority.

ATTENDANCE/ABSENTEE/TARDY PROCEDURES:

Regular and punctual patterns of attendance will be expected of each student enrolled in the Cameron R-I Public Schools. The entire process of education requires a regular continuity of instruction, classroom participation, learning experiences and study in order to meet the district's student achievement goals. Research supports the fact that attendance is crucial to improving student achievement. At least one study identified attendance as the single greatest indicator of student achievement. Frequent absences of students from regular classroom learning experiences disrupt the continuity of the instructional process because the benefits of classroom instruction cannot be entirely regained.

Holding students and their parents/guardians responsible for attendance is part of the district's larger mission to train students to be productive citizens and employees. State law reflects the importance of regular attendance by establishing compulsory school attendance and charging the district to enforce that law. Attendance expectation will be that all students attend school 90% of the time. The district will not recognize excused/unexcused absences or vacations in implementation of this policy.

Regular attendance is necessary if a student is to succeed in school. School begins promptly at 8:00. Any student who reports to class after the starting time is considered tardy and should report to the office for a tardy slip. Tardy to school discipline begins on the 4th tardy per the discipline matrix. Tardy to individual classes will be tracked school-wide in the students' planner and discipline will be as follows:

Tardy 1-6 – Warning
Tardy 7 – Call home by teacher
Tardy 8 – 1 hour detentions
Tardy 9 – 3 hour detention
Tardy 10 – 1 day ISS
Tardy 11 – 3 days ISS
Tardy 12+ - administrator discretion

When a student is absent, we ask that the parent/guardian call the office (816.882.1041) by 8:30 a.m. If the parent does not call, the attendance secretary and/or Assistant Principal will attempt to make phone contact before sending the School Resource Officer to the home to verify the reason for the student being absent. When absences become excessive, written notification will be sent home and parents/guardians may be required to meet with the School Resource Officer and the Assistant Principal to resolve the attendance issue. At 10 absences the Juvenile Office will be notified and the student may be required to stay for after school tutoring twice per week until otherwise noted. Mandatory summer school may also be initiated to avoid possible retention.

When the student returns to school after an absence he/she must provide the office with the reason for the absence, either through a parent/guardian phone call or note, or a doctor or dentist's note. All work must be made-up and successfully completed. The student may have one day for each day missed to complete the make-up work. **If your child is absent and you would like to pick up their homework please call the CVMS office at 816.882.1041 by 10:00 a.m. Please understand that it will take time for teachers to submit the work and appropriate books to the office when homework is requested.**

ATTENDANCE AND EXTRACURRICULAR ACTIVITIES

When a student's attendance falls below 90%:

The student will become ineligible for any extra-curricular activity including participating in and/or attending sports events, clubs, and dances. (Exceptions will be made only for each day documented by a physician's note or funeral documentation). DOCUMENTATION is due the day the student returns to school.

ADMISSIONS

Students who are transferring from other schools should arrange to provide copies of their academic and health records (signing a release of records), as well as proof of residence within our district and custody/guardianship paperwork. All questions and concerns related to enrollment should be directed to the counselor's office.

Child Custody:

The district will release a student to either parent unless the district has a valid court order directing otherwise or unless the parent requesting release is only entitled to supervised visitation. If district staff have concerns about releasing the student to a parent, the student may be held while additional precautions are taken, including, but not limited to, verifying custody orders, contacting the other parent or contacting appropriate authorities. Any questions concerning these actions need to be directed to the principal.

EMERGENCY INFORMATION:

In case of emergency, each student is required to have on file in the school office the following information.

1. Parent(s) or guardians(s) name(s).
2. Complete and up-to-date address.
3. Home phone and parent(s) work phone.
4. Emergency phone number of friend or relative. (Please be sure this person is aware you have given the number as an emergency number for the school and that it is someone who can be reached when you cannot.)
5. Physician's name and phone.
6. Medical alert information.

RELEASE OF RECORDS:

The school will maintain records on all students. Information included in these records may not be released without written parental consent. Please review the regulations of the Federal Education Rights and Privacy Act (F.E.R.P.A.) listed below.

F.E.R.P.A.

F.E.R.P.A., the Family Educational Rights and Privacy Act, is a federal law whose purpose is to protect the rights and privacy interests of both parents and students with regards to students' educational records. School districts are required to notify parents and eligible students (18 years or older) of their specific rights under the Act. These rights are:

1. The right to inspect and review the student's education records within 45 days of the day the School receives a request for access. Parents or eligible students should submit to the School principal [or appropriate school official] a written request that identifies the record(s) they wish to inspect. The School official will make arrangements for access and notify the parent or eligible student of the time and place where the records may be inspected.
2. The right to request the amendment of the student's education records that the parent or eligible student believes are inaccurate or misleading. Parents or eligible students may ask the school to amend a record that they believe is inaccurate or misleading. They should write the school principal [or appropriate official], clearly identify the part of the record they want changed, and specify why it is inaccurate or misleading. If the school decides not to amend the record as requested by the parent or eligible student, the school will notify the parent or eligible student of the decision and advise them of their right to a hearing regarding the request for amendment. Additional information regarding the hearing procedures will be provided to the parent or eligible student when notified of the right to a hearing.
3. The right to consent to disclosures of personally identifiable information contained in the student's education records, except to the extent that FERPA authorizes disclosure without consent. One exception, which permits disclosure without consent, is disclosure to school officials with legitimate educational interests. A school official is a person employed by the school as an administrator, supervisor, instructor, or support staff member (including health or medical staff and law enforcement unit personnel); a person serving on the School Board; a person or company with whom the school has contracted to perform a special task (such as an attorney, auditor, medical consultant, or therapist); or a parent or student serving on an official committee, such as a disciplinary or grievance committee, or assisting another school official in performing his or her tasks. A school official has a legitimate educational interest if the official needs to review an education record in order to fulfill his or her professional responsibility. Upon request, the school discloses education records without consent to officials of another school district in which a student seeks or intends to enroll.

[NOTE: FERPA requires a school district to make a reasonable attempt to notify the parent or eligible student of the records request unless it states in its annual notification that it intends to forward records on request.]

4. The right to file a complaint with the U.S. Department of Education concerning alleged failures by the School to comply with the requirements of FERPA. The name and address of the Office that administers FERPA are:

**Family Policy Compliance Office
U.S. Department of Education
400 Maryland Avenue, SW
Washington, DC 20202-5901**

WITHDRAWALS:

The parent of a student who is withdrawing during the school year should complete an application for withdrawal. Teachers and staff will summarize the student's progress and prepare the student's file for forwarding to his/her new school of enrollment.

ACADEMICS

GRADING SCALE:

CVMS currently uses the following grading scale:

95-100	A	73-76	C
90-94	A-	70-72	C-
87-89	B+	67-69	D+
83-86	B	63-66	D
80-82	B-	60-62	D-
77-79	C+	0-59	F

CVMS is also in the process of piloting Standards Referenced Grading as a way to ensure that we are tracking proficiency on specific standards represented within the district curriculum. Please feel free to call with any questions or concerns related to our transition to Standards Based Grading.

REPORT CARDS:

Report cards are sent home with each student at the mid-term of each quarter and following the completion of each 9-week grading period (quarter). Please review carefully your child's progress and contact the school if you have questions regarding grades.

STUDENT-LED CONFERENCES:

Student-Led Conferences are scheduled in the fall and again in the spring. Parent attendance at conferences is extremely important.

P.E. GRADING:

Grades will be determined by the student's class participation, fitness improvement, skills tests, written tests, group projects, and homework assignments. Participation will account for 20%, tests and quizzes will account for 30% and dressing out will account for 50% of the students' grade. A student's grade will be deducted by 5% for every unexcused non-dress.

1. After every two **unexcused** non-dresses the student will be asked to complete a written packet .
2. A note from a parent is required to excuse a student for one day.
3. If a student is going to miss more than one week of physical education, they need to have a doctor's excuse.

Physical education lockers are assigned to each student. They are to be used for the clothes students will wear in P.E. class. Gym bags are to carry clothing to and from school. They are subject to search at any time. Lockers are provided for street clothes. Students are responsible for lost locks, which are provided by the school—replacement cost is \$6.00. Please see that all P.E. clothes are marked with your child's name.

P.E. Supply List – Grades 6-8

Girls and Boys

tennis shoes

socks

gym shorts

t-shirt

tote bag

towel

deodorant

DO NOT BRING: Money or other valuables.

CVMS HOMEWORK POLICY:

Zero's Aren't Permitted (Z.A.P.)

This policy is designed to increase the expectation that all homework/practice assignments are to be turned in on time to the teacher. We hope that this policy will help students continue to acquire good work habits and self-discipline that will serve them well as they move on to high school. The main message of this policy is to communicate to our students that any sort of ZERO is not acceptable.

All Z.A.P. referrals will accumulate per quarter/per class. In all referral situations the assignment will still be expected to be completed and turned into the teacher. The steps of the policy are as follows:

1st Z.A.P. referral – A learning lunch will be assigned to work on the assignment. If the Z.A.P. is given after a student's lunch period then the assignment is due the next morning to the teacher. If it is not completed the student will attend a learning lunch that day to work on the assignment.

2nd Z.A.P. referral – 3 consecutive learning lunches and parent notified.

3rd Z.A.P. referral – ZAP hour assigned and parent notified.

4th Z.A.P. referral – 2 ZAP hours assigned and parent notified.

*After four referrals in a class in a given quarter, administrator's discretion will guide disciplinary action from that point until the beginning of a new quarter.

ZAP hours are on Mondays and Thursday from 3:00-4:00.

DRAGON PRIDE TRIPS

There will be two Dragon Pride trips each year to recognize students who have good grade, attendance and citizenship. The requirements are:

-All As and Bs on the quarterly report card

-95% attendance (All absences count even if doctors notes are provided)

-No office referrals

-No ZAPS

The first semester (quarters 1 and 2) trip will take place in January and include grades, attendance, discipline and ZAPS. The second semester (quarter 3 and up to midterm of quarter 4) trip will take place in May and include grades, attendance, discipline, and ZAPS.

MANDATORY TUTORING and/or SUMMER SCHOOL:

*For any student that shows an average daily attendance below 90%, for the current school year, may be required to attend summer school based upon reasons pertaining to the excessive absences. For absences documented as medical reasons for absence, consideration will be given by the administration in regards to mandatory summer school attendance. Administrator's discretion will be used in evaluating the need for mandatory summer school based upon concern with a student's attendance.

*For any student scoring in the D and F range in the four core areas (math, language arts, science and social studies), they will be required to attend mandatory tutoring sessions to ensure academic achievement gaps are being addressed. The grade letter of D will equate to at least 10 hours of tutoring in that content. The grade letter of F will equate to at least 20 hours of tutoring in that content. This procedure will be utilized on a quarterly basis. Specific skills and knowledge targets will be addressed during the tutoring sessions. If the student is not able to attend before or after school tutoring sessions, mandatory summer school will go into effect.

*Mandatory summer school may also be initiated for the reason of promotion if the student has shown low levels of performance on building wide, comprehensive assessments including but not limited to Acuity and M.A.P. tests. This would include students scoring below the proficiency targets expected at their grade level.

PROMOTIONS AND RETENTIONS:

Promotions and retentions are based on an evaluation of academic, physical, social, and emotional growth. The primary reasons for considering retention are: a) indifference or lack of effort on the part of a capable student, b) physical or social immaturity, and c) frequent or long absences.

Parents can assume their child will be promoted unless the alternative of retention has been discussed during the school year. Parents are encouraged to confer with the teachers on a regular basis.

ASSESSMENT

The district will use assessments as one indication of the success and quality of the district's education program. Further, the Board recognizes its obligation to provide for and administer assessments as required by law. The Board directs the superintendent or designee to create procedures governing assessments consistent with law and Board policy.

In cooperation with the administrative and instructional staff, the Board will regularly review student performance data and use this information to evaluate the effectiveness of the district's instructional programs, making adjustments as necessary.

The district will comply with all assessment requirements for students with disabilities mandated by federal and state law, including the Individuals with Disabilities Education Act (IDEA).

In order to achieve the purposes of the student assessment program, the district requires all enrolled students to participate in all applicable aspects of the assessment program.

DISCIPLINE/SAFETY

STUDENT CONDUCT:

Our expectation is that we all conduct ourselves according to the following general principles. By so doing, we will be abiding by the Human Rights Statement and giving ourselves the greatest opportunity for educational success.

1. We do not hurt people (either physically or emotionally) or property (vandalism).
2. We show respect to teachers, administrators, para-professionals, (all personnel) and to fellow students.
3. We practice safety at all times.
4. We accept the responsibility of our education and are committed to being active participants in the educational process by, paying attention in class, following the rules of each classroom, completing all assignments, and giving our best effort at all times.

In our effort to instill these principles the following disciplinary policies and procedures have been formulated.

DISCIPLINE PLAN:

All teachers will have a classroom discipline plan. Each teacher will make a copy of their classroom discipline plan available to each student's parent(s) upon request.

When a student is referred to the office, the Cameron Veterans Middle School Discipline Policy will be enforced.

Any student who is serving after-school detention, in-school suspension or an out-of-school suspension is not eligible to compete in extra-curricular activities while such penalty is in progress. The student MAY NOT

participate in practice or events on their last day of in-school suspension or out-of-school suspension. Any assigned detentions must also be served before the student can participate in any after school activities.

RULES FOR AFTER SCHOOL DETENTION:

Students must have homework lessons to work on or suitable book to read. Must arrive on time (no later than 3:05) and stay until the end of the detention period (4:00). During this time they are to remain silent and stay occupied with their work. Students arriving late for detention will not be admitted that day and will count as a missed detention. Students who are unable to abide by detention rules will be asked to leave and will be counted as a missed detention.

RULES FOR IN SCHOOL SUSPENSION:

Students are required to bring all books and materials needed for the entire time assigned to ISS. Upon arrival to school, students are to report directly to the main office. Work from the classroom teachers will be provided to the ISS supervisor and will be distributed to students. All work is to be completed during the time student is assigned to the ISS room. Credit will be received for work accurately completed. The ISS supervisor will confer with the administration about adding days to a student's consequence if the student exhibits inappropriate behavior while in ISS. If a student is removed from ISS for inappropriate behavior, the student will be suspended from school. While serving ISS including the last day of ISS, students will not be allowed to participate in or attend any school activities.

RULES FOR OUT OF SCHOOL SUSPENSION:

Students that receive OSS as a consequence WILL NOT be allowed to attend any field trips during the same semester that they served the OSS consequence. Students who have been suspended out-of-school will not be permitted to be on school district property and will not be allowed to participate in or attend any school activities until the first day of school after OSS has been completed.

STUDENT ALCOHOL/DRUG ABUSE POLICY:

The Board recognizes its share of responsibility for the health, welfare and safety of the students who attend the district's schools. Therefore, the use, possession or transfer of intoxicants, alcohol and/or physical or mind altering chemicals & drugs or substances represented to be such, are prohibited on school property, at school sponsored activities or events, or in any vehicle while such vehicle is being used to transport students for the school district.

Students who are attending or participating in a school sponsored activity and are found to be (to any degree) under the influence of drugs or alcohol will be detained on the premises by the activity supervisor until the Principal or Assistant Principal takes control of the situation. In situations where the parents or legal guardians cannot be contacted the student will be remanded to the custody of the juvenile authorities or law enforcement officials whichever is most appropriate.

At the earliest possible time the principal, the student involved in the incident, the activity supervisor, and the parent or guardian of the student will discuss the incident and the procedure for resolving the issue. The student will not be allowed to return to class until his/her parent or legal guardian has met in conference with the administration and the activity supervisor. The administration will notify the parents of this.

The Principal will recommend appropriate discipline for the incident. The Principal will then conference with the parents and inform them and the student of the decision.

In cases requiring suspension, the student and parents will meet with the principal before being re-admitted to active student status.

WEAPONS IN SCHOOL:

The Board recognizes the importance of preserving a safe educational environment for students, employees, and patrons of the district. In order to maintain the safety of the educational community, the district will strictly enforce the necessary disciplinary consequences resulting from the use or possession of weapons on school grounds, buses, or at school activities.

A weapon is defined to mean one or more of the following:

1. A firearm as defined in 18 U.S.C. 921
2. Any device defined in 571.010, RSMo, including a blackjack, concealed firearm, firearm, firearm silencer, explosive weapon, gas gun, knife, knuckles, machine gun, projectile weapon, rifle, shotgun, spring gun, or switchblade knife.
3. A dangerous weapon as defined in 18 U.S.C. 930(g)(2).
4. All knives and any other instrument or device used or designed to be used to threaten or assault, whether for attack or defense.
5. Any object designed to look like or imitate a device as described in 1-4.

In accordance with federal and state law, any student who brings or possesses a firearm as defined in #1 or #2 above, on school property or at any school activity will be suspended from school for at least one (1) calendar year or expelled and will be referred to the appropriate legal authorities. The suspension or expulsion may be modified

on a case-by-case basis, upon recommendation by the superintendent to the Board of Education. Students who use or possess weapons defined in #3, #4 and #5 and not otherwise included in #1 and #2, will also be subject to suspension and/or expulsion from school and may be referred to the appropriate legal authorities.

Students with disabilities who violate this policy will be disciplined in accordance with policy JGE. Such students with disabilities who possess a weapon, as defined as a “dangerous weapon” in 18 U.S.C. 930, at a school function, may be placed in an appropriate interim alternative educational setting for the same amount of time that students without disabilities would be subject to, but for no more than 45 calendar days.

EXPECTATIONS FOR STUDENT CONDUCT WHILE ON BUSES:

Students using district transportation should understand that they are under the jurisdiction of the school from the time they board the bus until they are deposited at school or at the stop nearest their home.

The school bus is an extension of the school and all school rules and regulations, which pertain to student conduct in the schools, are applicable to student conduct on the bus.

The bus driver is in complete charge of the bus and students are expected to comply with his/her requests at all times.

Students must be seated and are not permitted to change seats when the bus is in motion.

Students must not, under any circumstances, extend any part of their bodies out of the bus windows and the windows are not to be lowered beyond the point indicated.

Students whose behavior results in material damage to the bus will be held liable for monetary restitution.

DISCIPLINARY RESPONSES FOR STUDENT MISCONDUCT WHILE ON THE BUS:

The school bus driver will be responsible for submitting a written referral of student misconduct to the bus manager. The bus manager will in turn contact the building principal. The building principal will have the authority to suspend a student from riding the bus after the student and parents have been informed.

CONSEQUENCES FOR BUS MISCONDUCT:

First Offense: The student will be warned and the parent notified.

Second Offense: The student will be suspended from the bus for (3) three days and the parent notified.

Third Offense: The student will be suspended from the bus for (5) five days and the parent notified.

Fourth Offense: The student will be suspended from the bus for (10) ten days and the parent notified.

Fifth Offense: The student will be suspended from the bus for the remainder of the year.

A severe incident (fighting, vandalism, and possession of illegal or dangerous materials) may require immediate suspension ranging from one day to the remainder of the school year. All vandalism incidents will require restitution for the damaged property. In addition to possible suspension of bus privileges, students are subject to the applicable discipline consequences for any violation of school policy. (See Discipline Policies and Procedures).

SCHOOL VISITATION POLICY:

Upon arriving, all visitors are asked to check in at the office and pick up a visitors pass. Parents bringing items for their children should leave those items at the office rather than taking them to the classroom. In an effort to support our district wellness policy, please DO NOT bring fast food items and soda pop to school for your child. Items such as flowers, gifts, etc. will not be delivered to the child during school hours. Any items sent to the building will need to be collected at the end of the day. Please schedule these deliveries to the address of the student’s residency.

We have a policy of **NO STUDENT VISITATIONS**. No students from other schools are allowed to visit classes.

SEXUAL HARRASSMENT OF STUDENTS:

Sexual harassment is strictly prohibited in the Cameron R-1 School District. See Board Policy AC for information regarding behavior that could constitute sexual harassment. Please contact Dr. Matt Robinson, Superintendent, at 816.882.1031 to report any concerns or complaints regarding sexual harassment.

VALUABLES:

Common sense and consideration is the best guide in determining whether or not to bring personal possessions to school. The school administrators and staff cannot be responsible for valuables, which students bring to school. It is recommended that students leave all valuables at home. (i.e. MP3 players, IPODS, portable video systems, collector cards, toys, cell phones, etc.) If electronic devices are brought to school it is expected that they are turned off and left in the student’s locker, back pack, or other bag.

Cell phones can become an interruption to the educational process and are therefore strongly encouraged to be left at home. Phones that disrupt the teaching and learning process by going off or by being visible during the school day will be confiscated and will only be returned to the student's parent. Please see the Cell Phone Possession/Use policy.

DRESS CODE

MSBA BOARD POLICY ON STUDENT DRESS (JFCA)-

The Board of Education recognizes the value of allowing individual student expression as well as the necessity of protecting student health and safety and maintaining an atmosphere conducive to education. Student dress code procedures must be designed with the goal of balancing these competing interests.

All dress code procedures will adhere to health and safety codes and comply with applicable law. Dress that materially disrupts the educational environment will be prohibited. No procedure will impose dress and grooming rules based on gender in violation of Title IX. District procedures will specifically define ambiguous terms, and examples will be provided when practicable.

SCHOOL HANDBOOK STATEMENT:

The Board of Education expects student dress and grooming to be neat, clean and in good taste so that each student may share in promoting a positive, healthy, and safe atmosphere within the school district.

Student dress and grooming will be the responsibility of the individual and parents/guardians, within the following guidelines:

1. Dress and grooming will not disrupt the educational environment or constitute a threat to the health and safety of other students. All students must also wear appropriate shoes, boots or footwear at all times at school.
2. Class activities that present a concern for student safety may require the student to adjust hair and/or other clothing during the class period in the interest of maintaining safety standards. Proper athletic attire shall be worn in physical education class.
3. Printed words or pictures on clothing, accessories, or body tattoos that advertise, connote, or suggest drug, tobacco, alcohol, violence, sexual, gang-related, obscene, or profane matters are prohibited.
4. Clothing should be worn to cover the student's shoulders, rear-end, breasts, and midriff areas. Clothing that is mesh, transparent, exposes undergarments, or with tears and/or holes in inappropriate regions shall not be worn. Sagging or inappropriately tight clothing is not permissible. All shorts and/or skirts shall be at minimum of a fingertip length. Students wearing leggings and/or yoga pants also need to wear an untucked shirt or skirt that reaches at least to their fingertips. Sleeping pants, pajamas, robes, and/or house slippers are not appropriate attire for school.

When in the judgement of the principal, a student's appearance or mode of dress does not comply with the above criteria; the student will be required to make modifications.

FOOD SERVICE/HEALTH & WELLNESS

CAFETERIA/BREAKFAST/LUNCH PROCEDURES:

Breakfast is served daily from 7:10-7:45AM. It is important that if you want your child to participate in this benefit, that your child arrives at school early enough to do so, and still be on time to class. Your child will be expected to be **in class prepared to start the day by 7:55**. Breakfast is \$1.25 (reduced \$0.30). Lunch is \$2.15 (reduced 0.40). Extra milk is \$0.35.

We use a debit card scanning system at the middle school. You may make an initial deposit at registration in August before school starts if you wish. Your child will be kept informed of a low balance, and will be given an envelope for a deposit the next morning. We encourage deposits to be made in the morning before school, either outside the office, or through the breakfast line and not during lunch (as they will not have had time to be credited to your account.) No change will be given to students unless the payment is accompanied with a signed note from their parent indicating that change needs to be given. Students are responsible for their own cards at all times, and those who forget their card must report to the end of the lunch line and wait until all others are through the line so that their name may be typed into the computer. Should this happen regularly, we may charge your student for a new card (\$1.00) and assume that he/she has lost it. If your child has a zero or negative balance, he/she must report

to the end of the line in order to be typed in. A peanut butter sandwich/lunch meat sandwich and milk are offered should the negative balance continue for more than 3 days.

Arrangements can be made for free and reduced priced meals with proper qualification. Applications are distributed at registration in August, but are also available at any time throughout the school year in the office by request. If you qualify for free lunch, there is no reason for you to make deposits to the account, unless your child would ever want an extra milk to drink.

HEALTH INFORMATION AND SERVICES:

The school nurse's office is located next to the main office. The school nurse is responsible for maintaining student health/immunization records, treatment of student illness/injury, overseeing medication administration of student's during school hours and conducting various school screenings (vision, hearing, scoliosis, etc.) Please contact the nurse if your child has any health issues and make sure that the school has a current health information form and parent/guardian/emergency contact number(s) on file. Please contact the nurse if your child is absent due to a communicable disease as precautions may need to be taken to protect others.

If your student becomes ill or injured the nurse will determine appropriate treatment per direction from physician standing orders, and if a parent/guardian should be contacted. Students should not attend school if they are experiencing a temperature of 100 degrees or above, or any type of communicable disease. If you are uncertain if your child should attend school due to illness, please contact the nurse. All exclusions for illness/communicable disease are determined by the guidelines stated in the Missouri Department of Health and Senior Services Bureau of Communicable Disease Control and Prevention Guidelines.

All medication given during school hours, prescription or OTC, must be accompanied by a current physician order and parent consent. It must be given to the school in the original medication bottle including the child's name, dosage and schedule. Long-term medication should also have a school medication form completed with parent/physician signature, if possible. All medication must be kept in the nurse's office, unless stated otherwise by the student's physician. Various OTC medications are available to students (throat spray/lozenge, calamine); Tylenol or a non-aspirin substitute is also available and can be given with a current parent signed permission form.

To attend public school, all children must have a current immunization record or accepted exemption on file. All students must be up-to date with their immunizations as stated in the Missouri Immunization Laws and current school year requirements. If your child is not up to date with their immunizations according to the current requirements, the nurse will contact you on what immunizations your child needs.

SCHOOL DISTRICT WELLNESS POLICY:

The primary goals of the Cameron R-1 School District's wellness program are to promote student health, provide information on the importance of maintaining proper weight, facilitate student learning of lifelong healthy habits and increase student achievement. The following procedures will guide the implementation of the district wellness program.

NUTRITION GUIDELINES

The district designates the following nutrition guidelines, based on the Missouri Eat Smart Nutrition Guidelines, for foods and beverages served in schools during the school day.

Food items need to comply with applicable federal regulations and state policies. Juice must be at least 50% juice. Recommended on three days of the week, snacks must meet the following standards: Fat not more than 35% from fat except for chesses, nuts, seeds and nut butters, sugar not more than 35% of weight from sugar except for fruit (without added sugar). Recommend 100% juice and milk.

The restriction of the sale of beverages, such as sports drinks and lemonade during the school day will not be restricted at the high school level. No vending allowed during the school day at the elementary and middle school buildings.

School Board Policy File: ADF-AP

Missouri Eat Smart Guidelines for Snacks

- *No more than 35% of calories can come from fat (except for nuts, seeds and nut butters)
- *No more than 35% of weight can come from sugar except for fruit (without added sugar)
- *No more than 200 calories per unit
- *No carbonated beverages
- *Juice must be at least 10% real juice (prefer 100%)